

## SEASONAL

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**KALE EARNHARDT** - polyface farms pulled pork 8.50  
and kale slaw with house BBQ sauce on buttered ciabatta

**MOCKUMENTARY (v)** 8.50  
house made herbed seitan marinated in BBQ sauce with  
kale slaw on toasted ciabatta

**CAPRESE SALAD** 9.00  
local tomatoes layered with basil and fresh mozzarella  
drizzled with a balsamic reduction, salt and pepper  
vegan option - substitute twin oaks tofu

**SUMMER POTATO HASH** 8.00  
yukon gold, red, and russet potatoes, sauteed onion and green  
peppers, tomato, beans, kale, hot peppers, avocado, and  
vegan sour cream

**VEGAN FRENCH TOAST** 8.50  
our ciabatta rolls in a vegan version of this timeless breakfast  
classic, served with real maple syrup and fresh fruit

**SIDES: KALE SLAW, FRUIT SALAD,** 2.50  
**PASTA SALAD, GREEN BEANS (all vegan)**

## SOUPS - SALADS - SNACKS

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**CHECK FOR DAILY AVAILABILITY OF SEASONAL SOUPS**  
add a cup of soup to any meal 2.00  
add chicken salad, tuna salad, or tofu salad 2.00

**WHITE CHICKEN CHILI** CUP 4.00 BOWL 6.00

**HUMMUS PLATE** 6.00

**FRUIT PLATE** 4.50

**SIDE SALAD** 5.00  
mixed greens, cucumber, tomato, red onion

**THE LAMPLIGHTER SALAD** 8.00  
mixed greens, seasonal fruit, red onion, walnuts, gorgonzola

**CHEF SALAD** 8.00  
mixed greens, tomato, onion, cucumber, avocado, ham, turkey,  
cheddar, and Swiss

**DRESSING: GODDESS, HERBED RANCH, ITALIAN**  
**VANILLA BALSAMIC VINAIGRETTE**

\*These items can be prepared raw or undercooked. Consuming raw or undercooked  
meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness,  
especially if you have a medical condition.



26 N MORRIS ST. RICHMOND, VA  
7AM-7PM SEVEN DAYS A WEEK  
LAMPLIGHTERCOFFEE.COM

## BREAKFAST

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GRANOLA with fruit and yogurt or milk	5.50
PARFAIT	4.50
BISCUITS & GRAVY (vegan or pork sausage)	6.50
PANCAKES three pancakes with real maple syrup	8.00
CLASSIC BREAKFAST two eggs, protein, toast	8.00
sub pancakes for toast	2.00
TOAST or BISCUIT with butter and jam	2.50

## EGG SANDWICHES\*

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CHEDDAR and tomato	4.50
GRILLED ASPARAGUS with tomato and havarti	5.50
SOY CHORIZO with havarti, avocado, and tomato	5.75
MAPLE SRIRACHA GLAZED SAUSAGE veggie or pork sausage with tomato and cheddar	5.75
BLACKFOREST HAM with swiss and tomato	5.75
QUILTED BACON with cheddar	5.75
FLAVORWHEEL choice of protein, salsa, avocado, and cheddar	6.00
BRICHTA (v - no egg) soy chorizo, avocado, tomato, and hummus	5.75

## BAGELS

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EVERYTHING, ASIAGO CHEESE, WHEAT, PUMPERNICKEL CINNAMON RAISIN with: cream cheese, tofutti, hummus, or peanut butter	3.50
THE KATIE cream cheese, tofutti, or hummus with avocado, tomato, red onion, and mixed greens	5.25
THE WORKS cream cheese or tofutti with capers, tomato, and red onion	4.50
LOX the works plus smoked salmon*	7.50
SLAMMER (vegan) tofutti with maple sriracha glazed veggie sausage	5.50
SLAYER cream cheese with pork sausage patty	5.50

## SANDWICHES

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served with chips and a pickle, sub side order for 1.50 sub gluten free bread for 2.00	
CHICKEN OR TUNA SALAD with mixed greens, tomato, red onion, mayo	7.00
TUNA MELT with cheddar, tomato, mayo	8.00
THE QUILT woven bacon BLT with red onion, garlic aioli, mixed greens	8.00
MUNA MODULE * The Quilt plus fried egg and avocado	9.00
APPLE BOTTOM turkey, brie, sliced apples, arugula, horseradish honey mustard	9.00
MUFFULETTA salami, capicola ham, provolone, mayo, olive tapenade	8.75
17 1/2 turkey, swiss, balsamic glazed onions, jerk aioli	8.00
BIANCHI blackforest ham, capicola ham, salami, provolone, red onion, pepperoncini, tomato, mixed greens, mayo, italian dressing	9.00
GRILLED CHEESE choose cheddar, provolone, swiss, or havarti	7.00
COMETBUS (v) tofu salad with vegenaize, olive tapenade, basil, onions, tomato, mixed greens	7.00
TLTNA (v) tempeh marinated in BBQ plum sauce with tomato, avocado, vegenaize, mixed greens	7.75
BUFFALO 66 (v option) spicy buffalo tempeh, gorgonzola, mixed greens, red onion, tomato	7.75
GRAY MATTER (v) chipotle tofu sandwich with cashew ricotta, micro-greens, pickled onions, and radish	8.00